



**RAYLEIGH FOOTBALL CLUB  
RAYLEIGH BOYS YOUTH FOOTBALL CLUB  
RAYLEIGH GIRLS YOUTH FOOTBALL CLUB**

**FOOTBALL ASSOCIATION  
RECOMMENDED CONTENTS OF TEAMS MEDICAL  
BAGS.**

**CONTENTS**

- Crepe Bandages.
- Elastic Adhesive Bandage. (EAB) (Various Sizes)
- Elastic /Self Adhesive/ Tearable Bandages. (Various Sizes)
- Zinc Oxide Tape. (Inelastic/Various sizes)
- Disposable Nitrile Gloves.
- Gauze Swabs.
- Plasters. (Non allergenic / Waterproof)
- Sterile Non – Adherent Wound Dressing.
- Triangular Bandages.
- Eye Pads.
- Spray Bottle (For Iced Water)
- Scissors (Safety Tape)
- Resuscitation Face Shield.
- Ice Packs.

It is the Managers responsibility to check the Medical Equipment in his teams bag is in good condition, in date and that any used items are replenished.

**FOR ALL REPLACEMENTS PLEASE SEE THE CLUBS CHILD  
PROTECTION OFFICER.**